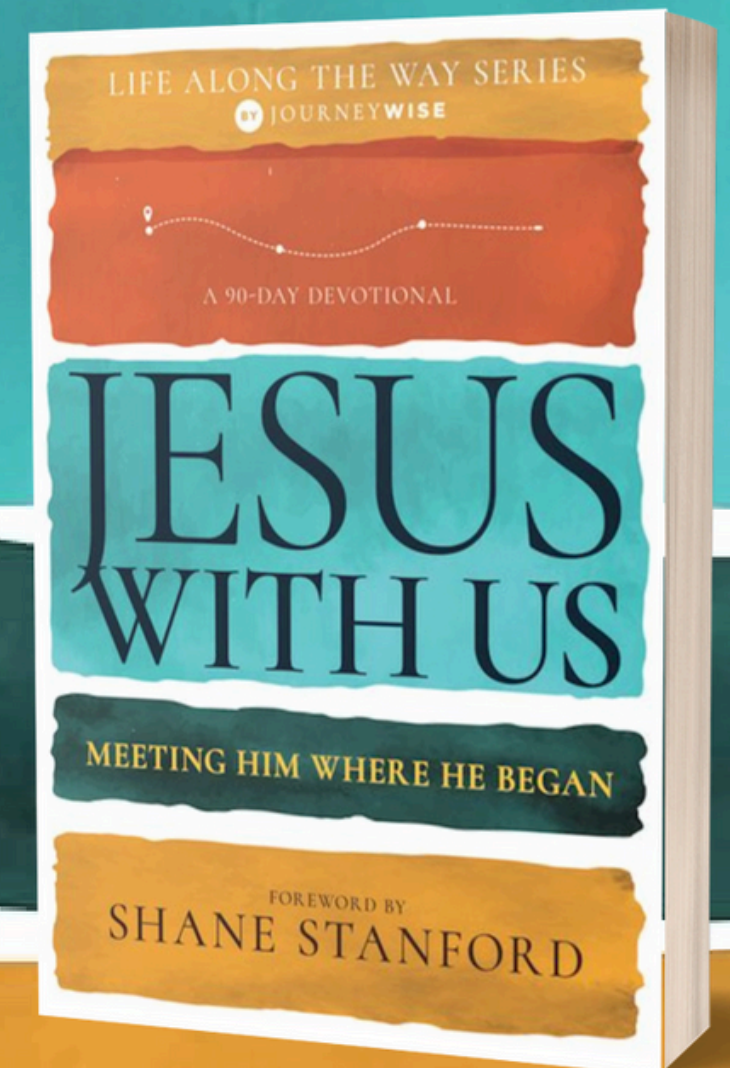


JOURNEY WITH US AS WE  
JOURNEY WITH JESUS.



*Tell us one good thing!*

*What stood out to you in  
your reading this week?*



# J E S U S   W I T H   U S

**Week 5, Day 34**

## **The Woman at the Well**

Read: *John 4:5-26*

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The Gospel of John tell us that Jesus, leaving Jerusalem in the south and making his way back to Galilee, “had to go through Samaria” (**John 4:4, NIV**). Yet most devout Jews intentionally went out of their way to avoid the Samaritan people. John’s comment on the necessity of Jesus’ journey reveals to us his desire to cross geographic and ethnic boundaries to bring healing and restoration to any who would receive it.

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## **STOP & DISCUSS**

**How does shame affect us?**

**What are the consequences of living under its reign?**

**The woman arrives at the well at noon to avoid the crowd. What is the danger, in our own lives, of living in relational isolation?**

**What negative monologues are we/are you prone to repeat?**

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## STOP & DISCUSS

Jesus desires to be our friend. What is your response to this truth? Do you actually believe this?

In **verse 24**, Jesus says, “God is spirit and his worshipers must worship in the Spirit and in truth.” What does it mean to worship in the Spirit and in truth?

Jesus declares he is the Messiah, the fulfillment of every prayer and longing. Where else are we prone to look for fulfillment?



# Live it

This week, take inventory of the negative monologues you repeat. Write them down. Search God's Word for truths that speak against those defeating thoughts. Take the time to share with someone you trust, so that you might begin to experience the Living Water welling up within.

*Next Week's Readings:*

Days 36 - 42